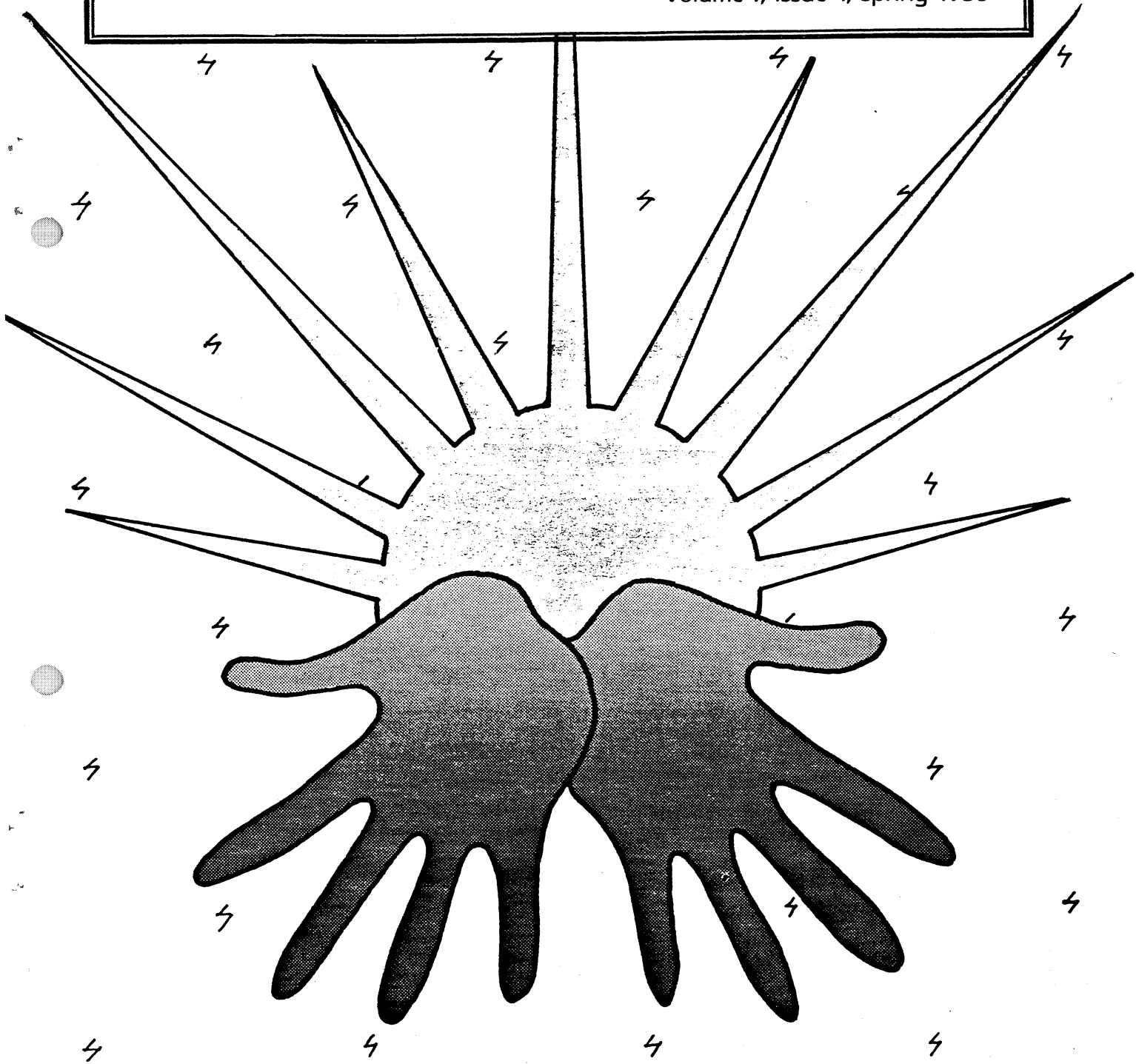


Hand Analysis Journal

\$6

Volume I, Issue 1, Spring 1986



P R E M I E R I S S U E

WELCOME

We are delighted to be sharing The Hand Analysis Journal with you, and we are very excited about the new possibilities this presents. As we share our insights and our theories, as we compare our experiences and our methods, we merge our individual roles as hand readers and hand reading enthusiasts, into the larger picture of the emergence of hand analysis as an accepted tool for personal and planetary growth.

Together we can multiply our ability to affect the planet beneficially; and we can deepen our understanding of our craft and ourselves.

We wholeheartedly invite you to participate with us. Send us your letters, articles, ideas, suggestions. We will appreciate hearing from everyone. This is your magazine as well as ours !

The Editors

The HAJ mandala-logo emerged with these images at heart:

Hands opening.

The sun: enlightenment, revelation.

Visionary knowledge rooted in substance.

Movement.

Making the unconscious conscious.

Yin/yang, earth/sky, matter/spirit.

No dichotomy: one circle.

Many points of view coming together.

Breakthrough. Dawn.

Transformation.

Love, Sikha

H AJ Column Logos Created by

Allison Hershey

I do illustrations, logos and visionary artwork.

One of my specialties is an Astrological Portrait - in pen and ink, watercolor and pastel.

Call me on (415) 841-3519



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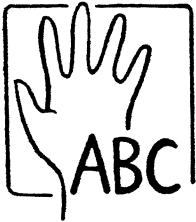
Our thanks to C. Laine Ragsdale, contributing artist, for her delightful drawing (Page 12).

The Hand Analysis Journal is published quarterly (Spring, Summer, Autumn, Winter) by the International Institute of Hand Analysis, Box 1313, San Rafael, CA 94915. Subscriptions are \$12 per year. The editors reserve the right to edit any material submitted. Last submission date will be 45 days before publication for articles, ads, and calendar listings. Ads are \$100/full page, \$60/half page, \$35/one quarter page, \$15/business card size. Calendar listings are free to subscribers.

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Language of the Hand

by Nikki Ragsdale

Ah, palmistry! Ancient science, mysterious art... voice of the inner self... Welcome to the fascinating study of hand analysis, one way the body mirrors the soul and speaks to us here in the world of physical manifestation.

This column is for you the beginner, and is designed to augment your own studies of the language of the hand. It will also be enjoyed by fluent speakers of "Palmese". My aim is to assist our expansion in understanding what the hands have to tell us, and how to apply this in our modern world. We will cover the basics, such as the major lines, the hand shapes, the fingers and colors - as well as how to thread the parts together into a useful whole for the person sitting before you with hands so eagerly proffered. Apropos of this, we will also talk about our responsibilities as readers and the importance of well-chosen words and positive expression of what we see. And we will explore the issue of money and being supported financially through our readings. I look forward to a lively exchange with you as you send in your comments and questions regarding the study of hands.

Hand analysis is a term I like to use to describe this work. I feel it more aptly describes what I do than palmistry (though at times I do use these words interchangeably), since I look at the whole hand and the relationships among its parts. Also, hand analysis does not have the negative or stereotyped connotations and superstitions which have unfortunately become attached to the word palmistry, at least in Western culture.

I see part of our work as restoring to palmistry its lost regard, and infusing a new energy. So using the term hand analysis can also remind us to translate ancient "Palmese" into language appropriate to our lifestyles and experience today, thereby bringing its value to today's people. Humans are at a point of remembering the ancient sacred sciences, as you have probably noticed, and are beginning to investigate and take them seriously again. Some, such as Astrology, Tarot, I Ching and the Runes, have been re-interpreted to be more meaningful to the present times. For example, Carl Jung, among others, did much to reawaken us to the collective nature of our psyches and the richness of symbolism, and the oracle (particularly I Ching), as a means of

communication. Liz Greene has made brilliant contributions to today's psychological understanding of astrology. She has also demonstrated the value and relevancy of mythology as a language with important meaning for us now, as we seek to understand the patterns of psychic and physical events in the lives of our clients and ourselves. Hand analysis can certainly benefit from more attention of this kind.

Individuals in the past did much to contribute to our understanding of the hands - yet their work is often couched in terms that are meaningless, even confusing or worrisome, to people now; and although there are a few very good authors, there seems to be a dearth of modern interpretation, many books merely re-hashing the old phrases. Much of what is accepted as traditional palmistry relates little to the world we know. Let us explore the old interpretations, as well as the new, to get at the essence, the meaning behind the words. We have a great opportunity to translate the knowledge of the past and add to it with our own vision!

Continued on Page 2...



Hand Analysis and Business

by Richard Unger

Hand analysis has numerous commercial implications way beyond the obvious vocational analysis. Dream with me, if you will, to a time in the not so distant future.

You are a marketing consultant for Proctor and Gamble. Your dishwashing detergent, formerly holding a 21% share of the 1.6 billion dollar dishwashing detergent market, has dropped to 18%. You round up the usual suspects: advertising, supermarket display, etc., but nothing seems to explain the loss in sales.

Maybe another market survey, you think, but the last one was costly and showed nothing. "What is it Ms. Leech? Can't you get rid of that pesky sales person? OK, let her in."

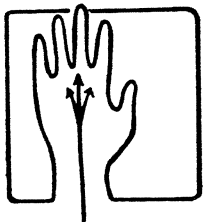
"Mr. Green, I represent the firm of Smith, Smith, and Jones and we have a solution to your problem. We know you have been losing ground to Brand X for the last 16 months. We know why, and we have a program to help you spot selling trends before you reach another crisis.

Continued on Page 11...

LANGUAGE OF THE HAND

As a person who is setting out on the study of hand analysis, take a moment to appreciate what you are doing. Breathe deeply and feel the love, joy and integrity that form you. Feel your connexion to the Source of all life. Recognize the contribution you want to make, your desire to be of service to humanity and this beautiful planet. Hand analysis is a path you can take to accomplish this, a way to make spirituality practical... Think of doing a reading... just you and the other person, hands like an open gateway to her or his reality, a gateway to shared understanding. This is a very intimate and holy moment! The study of hands will delight, challenge and reward you and those whose hands you will interpret, supporting your growth and expansion, and certainly changing your life... Know yourself as you truly are, choosing a path of service and growth. Be fully present and conscious now as you look around you and feel your oneness with everything you see.

Next issue we will look into the lifeline. In the meantime, we at the HAJ look forward to hearing from you.



Career and the Hand

by Mary Wentzel

Many people come to have a hand reading with 'career' questions pressing on their minds. They want to know:

- Am I going to be rich?
- Is it all going to turn out OK?
- What field (career) should I be in?
- Should I change my job?

The questions underneath all this are usually:

- What am I overlooking about this situation? and
- I want to know myself better.

Regarding career, the first place I might look is obviously the Fateline. What condition is the fateline in? How does the fateline differ from left hand to right hand? What happens to the fateline as it meets the headline? the heartline? Does the fateline break, and if so, why? If it was a line that broke the fateline, which one? Also from what zone does the fateline begin - inside the lifeline, the middle of the hand, or from the mound of moon? Does

the fateline make it all the way up to the Saturn finger? How is it's condition altered as it travels up the hand? As you see by these questions, there is an abundance of information to be gleaned from this one area of the hand. Today the aspect of the fateline I will look at is the "three for two" phenomena.

Figure One shows a fateline I might expect and hope to see in a hand. The fateline begins at the bottom of the hand and travels up to the Saturn finger. See Fig. One (A). This represents a person's 'railroad track' of life, their direction in life, their career path, their commitment to a task at hand or a path chosen (all other things in the hand being equal). This fateline would indicate this person's ability to stick to the task started and follow it to completion. Since this fateline is on his right hand, I might add that it is mainly in the public's eye this person appears to have a clear, focused, direct path in life. The unseen left hand, may show a different experience at home or inwardly. Fateline One could also talk of this person's values being very clear to himself.

In Fig. Two, the "three for two" phenomena is seen in the area of the hand where the lifeline and fateline normally would be. There are three lines instead of the expected two. See Fig. Two (A). This is most likely an indicator of a lack of commitment to any one avenue of work, career, or value system; a not wanting to put all one's eggs in one basket.




Figure One

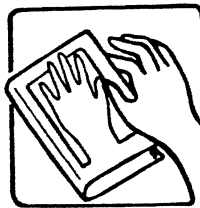
When there are two clear fatelines, it might be a case of dual careers - of having one briefcase for insurance sales and another briefcase for astrology charts. In their eyes, it may seem, if only one career or the other took off they would totally commit to it and give up the other one. What they do instead is to stay at a certain level with both - never fully reaching success. A solution might be just the reverse - if only they would commit themselves to one career, put all their eggs in one basket, the career would take off. The challenge for people with the "three for two" is to totally commit to one thing, one person, one anything. Another perfect example is the person who is getting married and still keeps their "little black book". The point would be to throw away the book and let the result of the marriage be as it will.



Figure Two

There is a tendency for the "three for two"ers to want to hedge their bets, to cover all contingencies, to keep all bases covered, to have their options open. To keep from seeing that which may seem frightening, this scattering of focus often serves as an avoidance behavior; avoiding the tough choices that define our lives. It is hard for these people to feel fulfilled, especially in their career. "What am I doing here?" kinds of questions often underlie their experience.

This information can bring consciousness to bear, allowing the person to know themselves better, and you, as the palmist, to serve. Next time we will look at some other aspects of the hand with career focus in mind. 



Book Review

by Richard Unger

THE LAWS OF SCIENTIFIC HAND ANALYSIS by William Benham

The first thing that impressed me about The Laws of Scientific Hand Analysis is its size: 650 pages. Benham is certainly comprehensive. He has entire chapters on hand gestures and the hair on the back of hands; as well as the most complete discussion of mounds and lines found anywhere. Eighty-seven years after its initial printing, The Laws of Scientific Hand Analysis remains unmatched in scope, the most influential palmistry book ever published in the English language, the standard text in its field. Because no other palmistry book attempts as much as "The Laws" it should come under tighter scrutiny. This two part book review will do just that.

Mr. Benham's painstaking attention to detail obviously represents years of careful research. He is exceptionally thorough and exact. His chapter on thumbs, with its constant comparisons and relativistic approach, forces the reader to think in "palmese". If students could read only one chapter in one palmistry book, this should be the one.

But William Benham does more than simply sum up and present the typical material of his age. While his contemporaries were busy rephrasing the seven hand shape system, he boldly initiated a new system based upon the mounds. His vivid descriptions of the Jupiterian, Saturnian, etc. are classic. His total dedication to the advancement of hand reading as a proper science has helped create an atmosphere of scientific inquiry and professionalism.

However, "The Laws" are not immutable. William Benham has many biases, invisible to his own eyes, that stand out against the background of the passage of time. He blindly worships will and reason. He is driven by the need for respect. He sees little or no value in the "feminine" qualities of sensitivity, receptivity, and intuition. For example, Benham has very little use for Lunarians. After granting the need for imagination as fuel for the intellect, he seems to say he hopes he never has to deal with another of these cold, selfish, restless, disagreeable types.

Continued on Page 4...

BOOK REVIEW

Considering his bias toward the rational, one can appreciate the distrust and fear that the receptive/feminine must have brought forth within him.

Benham is preoccupied with good/bad, right/wrong dichotomies; concepts that seem outmoded and prejudicial today. His assumption that one type makes the best doctor, one type the best lawyer, etc. is typically narrowminded. Who is to say that pointy, short fingered people cannot be good accountants? Inspired accountants with square tipped, long fingered staff might be just the recipe for dealing with today's imaginative tax codes.


In William Benham's day, many people had a world view that saw the individual as a cog in a larger machine. No doubt our psychological insights and consciousness expansion will sound just as dated to our 21st century colleagues as William Benham's apoplexy and life current sound to our modern ears.

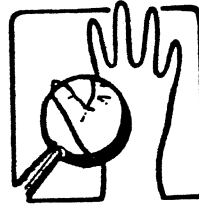
However, there are also specific aspects of "The Laws", not related to the date of publication, that come into question.

1) Benham sees the heartline moving from under Jupiter across to the outer percussion under Mercury. Several hand readers whose views I respect concur. My own interpretation is the opposite (palmists of the world, what is your view?). Electron microscopic photographs of developing fetuses show the growth of the heart, head, and life lines: head and life starting under Jupiter, moving across the palm; and the heart line starting under Mercury, moving toward Jupiter. Also, the heart line under Mercury looks a lot like the origin of the head line under Jupiter. These two facts, plus my own experience, points to a heart line moving toward the thumb side of the palm.

2) I have not found Benham's age indicators accurate at all. For example, using the Fate line, Benham has the mid point between the head and heart lines as age 36. My experience indicates 45 would be more accurate. Perhaps things have changed in the 86 years since "The Laws" was printed, after all, people are living significantly longer today.

3) In my experience, stars at the end of a short head line do not indicate sudden death.

4) Squares more often operate as blocks, rather than as repair indicators as Benham suggests. More on this and other topics next issue. 

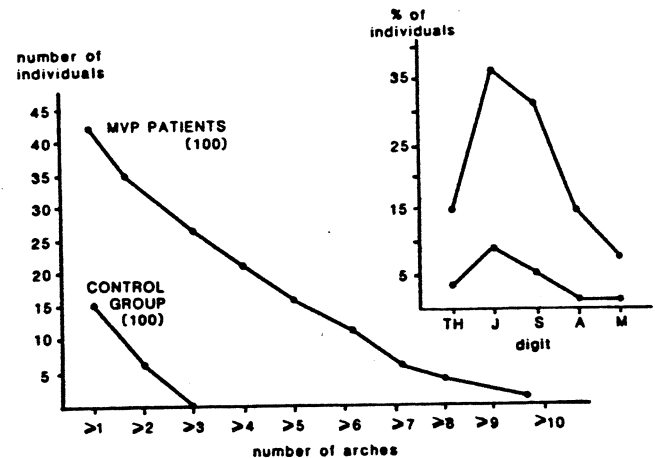


Current Research

by Richard Unger

The world of dermatoglyphics (skin carvings, fingerprints) is the scientists' palmistry. Geneticists, doctors, psychiatrists, etc. are attempting to learn more about the human condition (mostly medical, but also behavioral) through the study of the fine ridge lines that are formed in the fetus' hand five months prior to birth. I look forward to the time when palmists and dermatoglyphicists can share their expertise, when the mistrust between the so called mystical sciences and accepted science has been replaced with cooperation.

In this issue of the HAJ we look at some research in the areas of heart disease. "Dermatoglyphic Patterns in Patients with Mitral Valve Prolapse: A Clue to Pathogenesis" was published in the American Journal of Cardiology in 1976¹. It established the connection between an increased number of arch fingerprints (average is less than one arch per two hands) and mitral valve prolapse.



As shown on the graphs, high numbers of arches, especially on Apollo and Mercury (digits IV, and V in dermatoglyphic jargon) shows significant statistical variance from the control group. The authors do point out that several other conditions are also associated with a high incidence of arches.²

This research has recently been disputed by Randi Kramer-Fox, et al, in their 1984 article in the same journal.³ Their figures show no difference in the number of arches on hands of people with MVP. However, they did find that patients with seven to ten arches scored exceptionally high on their anxiety index.⁴

The definitive answer to the connection between high numbers of arch fingerprints and some forms of heart disease and high anxiety awaits future study. In palmistry books in English⁵, the general consensus seems to have been that more arches means a more earthly temperament: simple, practical, more physical. Cooke⁶, takes a more metaphysical approach: arches indicate karmic lessons not yet learned. This is much closer to my own system where the entire set of fingerprints represents the individuals' "Blueprint for Life." No print means anything by itself, it takes its meaning in relation to the other prints. Generally speaking, two or more arches indicates the challenge of converting an inherent pattern of struggle in life into one of ease. Those with the most arches are especially prone to a constant state of "my whole life is at stake this moment"-itis. The location of the arches shows the area(s) where the individual is most challenged.

In a person experiencing this psychology, I would not be surprised by a higher anxiety index or incidence of heart disease. I would be interested in hearing other points of view on archy hands.

1. "Dermatoglyphic Patterns in Patients with Mitral Valve Prolapse: A Clue to Pathogenesis"; MH Swartz, Mv Herman, LE Teicholz; American Journal of Cardiology; Nov 1976; 38:588-593

2. Pulmonary stenosis, Rubinstein-Taybi Syndrome, and Waardenburg's Syndrome

3. "Lack of Association between Dermal Arches and Mitral Valve Prolapse: Relation to Anxiety"; R Kramer-Fox, RB Devereux, WT Brown, N Hartman, RC Elston; American Journal of Cardiology; Jan 1984; 1:53(1)148-152

4. The authors call for more detailed study in this area; they do not consider their figures reliable.

5. Two good examples are: Noel Jaquin, Secrets of Hand Reading, D.B. Taraporevala Sons & Co. Ltd: Bombay; and Dennis Fairchild, The Handbook of Humanistic Palmistry, Thumbs Up, Ferndale Mich, 1980

6. Maurice Cooke; Body Signs; Marcus Books, Toronto; 1982



Health and Healing

by Nikki Ragsdale

Have you ever wondered whether anything in the hand relates to health? In a search for answers to this question, some hand readers have made a study of the medical implications of hand analysis. Others, doctors and scientists for example, have also taken great interest in whether the hand, especially the fingerprints and other dermatoglyphs, can aid diagnosis or give diagnostic forecasts. There has been a great deal of research, yielding voluminous data in various studies. In addition to looking at the data from the researchers' point of view, we can look to see whether these data contain information for hand readers, perhaps not visible to the scientific eye alone.

In this column we will explore such issues. There will be interviews with hand readers who regularly use the hands as a barometer of health (there are certain accepted indicators of heart or circulatory problems, for example), or to diagnose. We will look at medical research and how it might enlarge our own interpretations, and we will review books dealing with the topic of medical hand analysis.

Naturally, we will also be looking for indicators of good health, robustitude and vitality, as well as signs of trouble brewing. We will learn together as we explore these areas.

Another aspect of hand analysis and health that interests me is the healing effect of the experience within the reading itself, both from the view of the beneficial effects of the information imparted and the healing energy generated during the reading by hand readers with that intent.

I want very much to hear from you and to have your participation in the growth of this column, as we explore health and healing in the hands.



A Helping Hand Creating Your Own Reality

by Nikki Ragsdale

"You create your reality according to your beliefs and expectations, therefore it behooves you to examine them carefully. If you do not like your world, then examine your own expectations. Every thought in one way or another is constructed by you in physical terms. Your world is formed in faithful replica of your own thoughts...

"If you sell yourselves short, you will say 'I am a physical organism and I live within the boundaries cast upon me by space and time. I am at the mercy of my environment.' If you do not sell yourselves short, you will say, 'I am an individual. I form my physical environment. I change and make my world. I am free of space and time. I am a part of all that is. There is no place within me that creativity does not exist.'" 1. (Spoken by Seth, an "energy personality essence" channelled by Jane Roberts.)

I remember first reading these words, and other similar statements, feeling their deep expansive implications echoing in the core of my being -- resonating with me, supporting feelings I had always had: notions of something more to life than the limiting views which seemed so prevalent in the world. A different approach to reality! As I continued to read Seth's ideas, it was as if my own inner voice were speaking in unison, as if memory reawakened in me - common knowledge or common sense from another dimension, in which I really was just as at home as in the "official" one. I felt a boundless joy born of recognition of my own creativity and integrity, my responsibility for my own experience - ideas so long invalidated by belief systems of my culture.

Yet I had always truly known there was more. I began again to hear - really hear - this message from life itself, just as I had when I was a child! Within me, something was stirring again and making itself felt; my inner guidance system reactivated. Or, rather, my conscious awareness of this inner guidance was reactivated, since it really had been there all along, even if ignored or perhaps resisted for awhile. As I allowed this reawakening to grow and began to apply the theories to my life situations, I began to trust my steps, looking more deeply into experience. I would allow events time to ripen, and myself the quietude to listen and watch for guidance, letting it work in my life. The path that revealed itself,

the path I created, led me through years of metaphysical study, to hand reading: as an art form and wondrous, living tool for understanding ourselves and the realities we have and are creating. There is a well-known saying, "Let go and let God". The process of allowing the Self, the God within us, to freely participate in creating reality seems very similar to me.

"... If you do not sell yourself short, you will say, 'I am an individual. I form my physical environment. I change and make my world ...'"

We are all artists, sculptors in physical matter, multidimensional energy beings clothed in an energy field we call our body. As I travel the pathways of life, I have come to understand that spirit is not something "up there", but is joyfully within and at one with the physical. We are all One Universal Energy, individually clothed as trees, cats, frogs, fires, rivers, wind, pebbles... and you and me. Playfully, the spirit spark which is each of us enters the school of physical reality - a place where we all get hands-on experience, learning by doing and experiencing our results. Each of us comes for our own chosen soul purposes, as well as the larger purpose of the whole.

I relate all of this to hand analysis. For me, the power given by self-knowledge is power to change, enhance, create our lives in ways that are aligned with our true selves, enlarging our sense of what is beneficial for us as individuals and for all of life. It is power to see others more clearly too, and to understand the responsibility and the processes involved in being alive and evolving. The more I learn about who I am and what I'm doing here in this physical life, the easier, happier and richer life becomes for me on every level, whatever my challenges may be. I feel the implications of this for the planet are tremendous! Imagine people taking responsibility for their own experience, instead of blaming anyone else or outside forces. Not only that, imagine people knowing themselves as empowered to create something better, and to help others to do so too!

There is also the dimension of change involved. Everything in the hand can change except the dermatoglyphs. I've seen changes in my own hands and those of clients -- sometimes in a remarkably short space of time. The hand, and the reading of it, evolve and change as we do! That's an interesting piece of information. My sense is that we, as creators of our reality, keep on creating away whether or not we're conscious of it, and the essence of our creation is reflected in our body, particularly in our hands. Observing and interpreting the condition of the hands at any given moment, as well as any changes discerned, is very powerful. I have seen people experience profound consciousness shifts and expansions on receiving such information, and new courage and validation of their experience. I've often seen great relief and happiness expressed on their faces during a reading, and been told of ways life has changed for the better afterwards - very rewarding!

So think of hand analysis. The information stored in our hands is amazing. Based on a study of the science of hand reading alone, one can develop quite a degree of accuracy applying it to the hand of an individual. I tend to use a holistic, psychological, spiritual approach to assist people in recognizing behaviors and underlying life patterns. Allied to the science is the use of the hand as a springboard for intuitive understanding; direct knowing of a truth specifically related to the individual. Symbolism is brought in here, as an aid to understanding. This is especially effective when seeing something in the hand I've never seen before, and also in translating the terms of hand analysis into useful, relevant personal information for my client.

We are all artists, sculptors in physical matter, multidimensional energy beings clothed in an energy field we call our body.

Hand analysis is interesting, too, in a case where a certain issue comes up and the analysand says, "Oh no, that's not me - that's my spouse (...boss, sister, child, parent, etc.)" Yet it's the one who sits before me in whose hand I see the pattern. The other people may have it too, or may play out this person's expectations, but I'm not looking at their

hands. Seeing this can be a large step in a process of self-acceptance, as well as taking responsibility for one's own experience of events and one's role in making relationships the way they are. We create our own reality on many levels indeed.

I've also noticed that the issues that come up in readings tend to be just what I need to hear myself! After every reading, I come away with food for thought, or new insight, or at least some broad hints if I want to take them. A hand reading is a marvellous opportunity for growth all around. Beliefs are often revealed by examining the ways in which our hands hold our experience of reality. Unspoken expectations are spoken by the hands, suggesting exactly what we can do to alter our experience. Reader and Readee alike can benefit from the intent to use the reading for such purposes and, as readers, we can incorporate this intent into our readings as we choose.

Unspoken expectations are spoken by the hands, suggesting exactly what we can do to alter our experience.

I feel we all know on some level exactly what we're up to, whether or not we want to listen to our knowing, and we are all actually great authorities on ourselves. I remember looking at my own hands long before I imagined I would come to be an interpreter of hands. I watched some of my lines growing in, with fascination and a satisfying sense of rightness somehow. Sometimes when people come for their readings, they've had a similar experience and their questions regard a line they've seen appear or disappear, or a new shape to a finger, or the like. And they have a sense of its significance, such that when we discuss it they also feel rightness. Each of us does have an inborn understanding of the meaning of everything that concerns us, and especially of the messages encoded in our physical beings. Sometimes we need or want an interpreter to help up to bridge our own understanding, and sometimes we get it for ourselves. I'll close with some words I read recently and found very moving, in a woman's account of her own life experience:

Continued on Page 8...

A HELPING HAND CREATING YOUR OWN REALITY

"We are miracles! Look at your hand, believe first. This is what I did. I was an unbeliever, and I lived with the thoughts of suicide all through my childhood and adolescence, until one day I looked at my own hands that would take my life. I saw what a phenomenal miracle they were: the skin, the veins, my sacred lines, my path - all that's there. I began to think perhaps there was a greatness in all of this misery; so I listened ... Inevitably, we must find the medicine within us, and we must all become strong and take responsibility for living in a sacred way."²

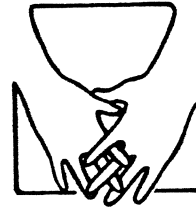
1. Jane Roberts; The Seth Material; Prentice-Hall, Inc., Englewood Cliffs, New Jersey; 1970; pages 109-110.

2. Will Nofke; "Living in a Sacred Way, an Interview with Chequeesh"; Shaman's Drum; Cross-Cultural Shamanism Network; Fall 1985 Issue; pages 13-17.



NIKKI RAGSDALE has studied metaphysical arts and the psyche for eleven years, mostly in London, England, through her inner teachers and through the Center for Transpersonal Astrology, the Astrological Association, the Spiritualist Association of Great Britain, the College for Psychic Studies and the Psychosynthesis Education and Trust. She also studied whole-hand Kirlian print reading with Brian Snellgrove.

After returning to California, she began to explore hand analysis and has been reading hands for two years. Nikki's work reflects her commitment to personal and planetary health, and the beneficial growth and empowerment that occurs when people are in contact with their own knowing. She has recently begun teaching hand analysis through the International Institute of Hand Analysis, where she also continues her studies. Nikki is available for private readings and can be reached c/o (415) 453-5296.



The Hand and Relationships

by Mary Wentzel

There is an abundance of information in the hands regarding relationships and the individuals involved therein. Let your eyes be your guide. See which aspect/characteristic jumps out at you first. Hands are a detailed map as well as a wholistic overview. Allow both sides to serve.

Look at the four hands - see how they fit together. Is one heart line flat, one sweeping and curvy? Since flat heart lines signify reticence in communication of feelings, if both heart lines are flat, there could be a problem with these people ever really getting together. Who will be the emotional initiator? If both heart lines are sweeping curves, the question arises: will either person be around long enough for a relationship to be established, when both of them tend to be carried away with expressing emotions in the moment.

With heart lines of all varieties (flat and curving) look at the Venus area next. Venus would like to be full and round, a nice pink color overall. Is there a bit of blue lying around in Venus - indicating perhaps some trouble receiving - will one person tend to give and give, "martyring" his or herself to the other's supposed needs? And how do the areas around Venus look:

- is there a cup of tears?
- is the throat chakra in an operational condition?
- is the Moon area alive and well?

Obviously, if there is a mate selection indicator prominent in the hand, I would observe how the mate indicator fits in with the partner's hands. Say the hand shows an attraction to intuitive types and the partner's hand indicates him or her to be a total left brain logician. I would look to see what else is going on, as I would suspect that the mate selection need is not being met.

Also, I would look at the 12 digits of each hand. Look for areas of common interest. Does each partner have a long middle Apollo digit? They would enjoy being in tastefully done surroundings and could perhaps enjoy spending time furnishing their home together. See if there are glaring opposites. She likes to spend time in the spiritual realm (long upper digits); he likes to spend time in the physical realm (big, long lower digits). Can they get along, can they meet somewhere in the middle?


Very important to be considered: the fingerprints. If the couple has the same avoidance behavior (i.e. both refuse to deal with jealousy or when jealousy comes up they both put their heads in the sand), then it may take longer for them as a couple to move through the lesson that jealousy contains for them. With both partners having the same area of avoidance behavior, the question comes to mind: would they ever express their feelings about the resistance, and thus move through it; or would they continually dance around the 'unpleasant' feelings and say "No, not me, nothing is wrong."

The basic temperament of the couple involved (as seen by their relative hand shapes) is another point to look at. Say she has a fire hand (rounded, long palm; short fingers; lots of energetic lines) and he has an air hand (rectangular, elongated palm; long squarish fingers). She is a person of emotional intensity in the moment. He is a person of facts and abstract ideas. He may be fascinated by her excitement, intensity, aliveness. She dotes on being the star. She may be attracted to his ability to think things out. Fire hands have a tendency to a short attention span, and thus may be attracted to the air's less impulsive behavior. His challenge may lie in his being able to relate his feelings, to cut down on his "coolness", aloofness and to communicate in a such way that he can be received on a feeling level. Her challenge may be to stay present in dealing with day to day matters, to have her attention focused long enough to handle practical issues, to introduce some rationality to her way of being. Thus, they could help each other to meet their challenges successfully.

Another important item to look at in the couple's hands is the condition of their respective lifelines. Is there robustitude or not? Do the life lines have enough voltage for a relationship? Or does it look like there is a

scattering of the energy and, hence, some inner focusing to be done to bring each person fully present in his or her self, and thus fully present in the relationship. Every relationship has points of compatibility and points of challenge. Anything in the hands can give information to a reader whose intention is to help people understand each other and themselves, and the sort of relationship they are likely to experience together. Such knowledge can be very helpful indeed.

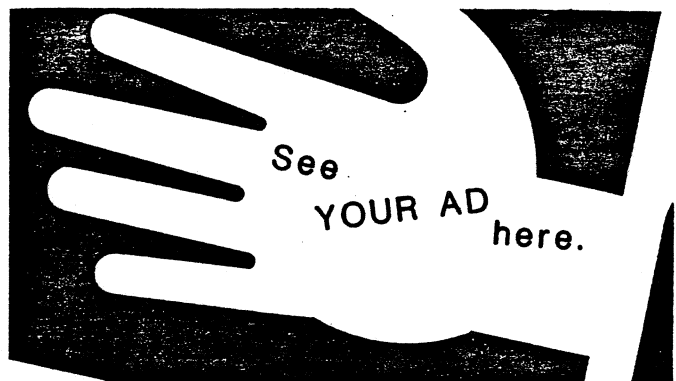
Again let your eyes be your guide to what is going on between the couple and where the energy is in the hand. You can learn a tremendous amount and serve truly.

Next time, a look at a specific set of hands, what they want from a relationship and what they have to offer. 

.....

MARY WENTZEL spent seven years in neurophysiology at Notre Dame University, at the National Institute of Mental Health and (working in vision research) at the University of California Medical Center. She has studied the martial arts for ten years. She is a student and teacher with the Institute of Hand Analysis, and reads hands using both her intuitive and analytic abilities. Mary can be reached at (415) 453-5296.

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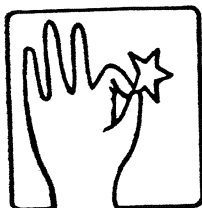
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Star Hand

by Mary Wentzel

This issue we look at the hand print of Albert Einstein. The hand print copy is taken from Secrets of Hand Reading by Noel Jaquin. The first thing I am sure most hand analysts would want to look at is Einstein's head line. I am no exception.

Einstein's head line runs all the way across his hand, very long, as head lines go. It ends in his Mount of Moon, with an interesting variation: his fork at the end of the head line. See figure for headline. This says to me that Einstein felt comfortable with logical, rational thinking processes and also was an intuitive, creative thinker. My own intuitive sense is that Einstein was mostly intuitive and his logical fork enabled him to form his intuitive leaps into accepted mathematical models. Stories are told of Einstein taking short naps in his lab and waking up from a dream with a missing piece of a mathematical formula.


Interestingly enough, there is a bubble on Einstein's head line under his Apollo finger. See Fig. One (A). Maybe, there was a little confusion, fear of how his colleagues would accept his findings. His heart line also feathers downward under his Apollo finger. So whatever else Einstein was doing inwardly, he had some misgivings as to how he would be seen, accepted, or approved by his peers. Since this is a print of his right hand I might expand upon the previous statement to include world opinion. It is mentioned how Einstein was somewhat shy and retiring, wanting to be left alone to do his work. The condition of his head and heart lines under his Apollo finger supports this.

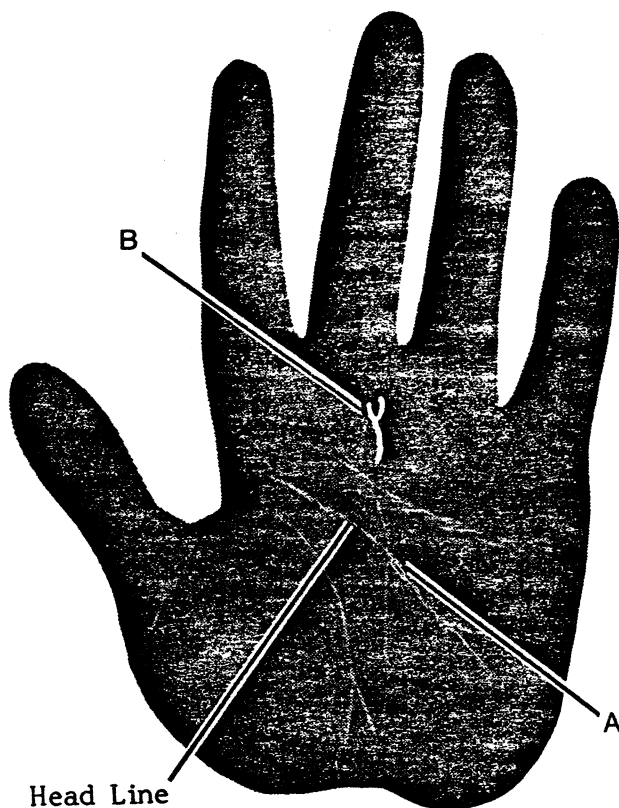
Einstein's Saturn line is clear and strong up his hand, changing a bit after his heart line - there the Saturn line breaks, curves around and heads toward his Apollo finger, with some little lines crossing through the Saturn line as it passes to Apollo. See Fig. One (B).

There is also an Apollo line on Einstein's hand that bespeaks of his energy outlet in the creative realm.

Very noticeable is the shape of Einstein's fingertips. (Fingertips are the way we make contact with the world; the filter through which we receive information.) His Apollo and thumb are certainly pointy, and his Jupiter is more pointy than anything else. His Saturn is a little more square tipped. So, Einstein has,

with his pointy tips, the artistic, the mystic, the dreamer filter. He receives information through his intuition. His more square Saturn speaks of his ability to order his intuitive information; to see the utility of his insights - as demonstrated by his $E=mc^2$ applications.

Looking at Einstein's hand I can imagine he might feel the import of having his hand analyzed, however, he might be concerned about what others would think of him for having done it. Such are the ways of this world. Good Luck Al wherever you are! 



Head Line

*Thus he that Nature rightly understands,
May from each line imprinted in his hands,
His future fate and fortune come to know,
And what path it is his feet shall go.
His secret inclination he may see,
And to what vice he shall addicted be,
To the end that when he looks into his hand,
He may upon his guard the better stand,
And turn his wandering steps another way,
When ere he finds he does from virtue stray.*

Aristotle

A Quote from Carl G. Jung's Introduction to
The Hands of Children, by Julius Spier

"The totality-conception of modern biology which is based on the evidence of a host of observations and research does not exclude the possibility that hands, whose shape and functioning are so intimately connected with the psyche, might provide revealing and, therefore, interpretable expressions of psychical peculiarity, that is, of the human character. Modern science increasingly relinquishes the medieval conception of the separateness of body and mind, and just as the body in the view of science is neither something mechanical nor chemical, so the mind seems to be but another aspect of the living body. Conclusions relating to one or the other would therefore seem to be within the range of scientific operation ... The findings and knowledge expounded in this book are of essential importance for psychologists, doctors, and educationalists. Spier's Chirolgy is a valuable contribution to character-research in its widest application."

HAND ANALYSIS AND BUSINESS

"Of course, you're familiar with our 'Hand Analyzer System'? You aren't? Well, let me explain. You are familiar with the TV Nielsen Survey, 1500 families representing all of America? Well, we took 1500 Americans and came up with the average American hand: thumb, fingers, hand shape, head, heart line, etc. Then we tested your customers and Brand X's customers that used to be yours. No wonder you had difficulty pinpointing the reason for lost sales. Sex, age, median income, etc. showed nothing; but, Smith, Smith, and Jones found it."

"Well, well, what is it?"

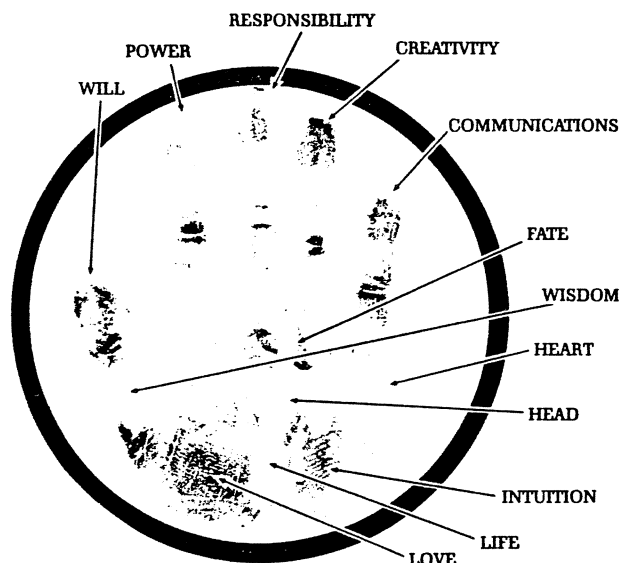
"80% of your lost customers had long upper Apollo digits and descending head lines well into the Mount of Moon."

"What does that mean?"

"What that means is we now have the personality profile on your lost customers. 80% are super color conscious. In other words, the color of a product and its packaging is especially important to these people. Give them a blue detergent with sparkles and you are back in business."

"Ms. Smith, you've saved my job."

"Ah, just another day in the life of a busy hand analyzer."



Richard Unger, Founder and Director

of the **Institute of Hand Analysis**, is one of the foremost authorities on palmistry in the world today. He has presented his modern approach to this ancient art across the U.S. and Canada in lectures, workshops and on radio and television. Richard started reading hands in 1969 and has read over 26,000 pairs of hands.

CALENDAR

LISTINGS ARE FREE TO SUBSCRIBERS

- March 22: One Year Training Program in Hand Analysis: begins at the International Institute of Hand Analysis, Marin County, California (415-453-5296)
- March 26: Lecture: "Hands as a Tool for Self Knowledge", Mary Wentzel, Center for Applied Intuition, 2046 Clement Street, San Francisco, 7:30 pm.
- April 5: Workshop: "Blueprint for Life", Richard Unger, Houston, Texas, 10 am - 6 pm (713-468-3366)
- April 13: Workshop: "Self Alignment: Pursuing Your Life Purpose", Richard Unger, New York City, New York, 10 am - 6 pm (212-473-7753)
- April 22: Palmistry Forum, Marin County, California, 7:30 pm (415-453-5296)
- May 2: Lecture: "Initiation and Personal Growth", Richard Unger, East/West Bookstore, Palo Alto, California (415-325-5709)
- May 20: Palmistry Forum, Marin County, California, 7:30 pm (415-453-5296)
- May 31/
June 1: Hand Analysis Intensive, Richard Unger and Staff, Houston, Texas (713-468-3366)
- June 17: Palmistry Forum, Marin County, California, 7:30 pm (415-453-5296)

ANNOUNCEMENTS

Palmistry Forum: The purpose of the Palmistry Forum is to provide an ongoing opportunity for people who want to deepen their hand reading skills in an atmosphere of mutual support. Many people who study or have studied hand analysis would find this regular meeting an asset to their development as readers, giving them an place to share experiences and learn more about what they and others have seen.

A knowledge of palmistry will be assumed; therefore, experience of the Hand Analysis Intensive (24 hour class with Richard Unger) or other training or study would be useful. However, anyone will be welcome who has an interest in hand analysis.

Format: approximately two hours, usually on the third Tuesday of each month. The first half of the evening will be an open discussion - hands you have seen, palmistry experiences or questions and hand reading pointers. The facilitator will be Richard Unger. The second half of the evening will consist of a short lesson on a specific aspect of hand reading. Instructors will be Richard Unger, Nikki Ragsdale, Mary Wentzel and others, on a rotating basis.

Enrollment: \$20 for one evening; \$50 for three evenings paid in advance.

Many hand readers have felt the desire for companionship on the palmistry trail - someone with whom we could discuss, debate, share, learn from and teach. The Palmistry Forum has been created to bring readers together in a beneficial alliance of growth and understanding. The next one will be on April 22 (See Calendar for a full listing). Phone for directions (415-453-5296). See you there!



Help!: We appreciate all kinds of help - time, money, energy, etc. Please call 415-453-5296 if you want to contribute in this way.

International Institute of Hand Analysis

Goals:

To expand the role of hand analysis
in personal and planetary growth

Statement of Purpose:

To educate and train hand analysts

- as a profession
- as an adjunct to their profession

To provide a forum for the exchange of information,
ideas, research, and support for hand analysts.

- professional journal
- seminars
- conventions

To promote hand analysis in research

To educate the public on the uses of hand analysis.

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COMING UP IN THE HAND ANALYSIS JOURNAL:

Here are some of the topics that will be featured in the Summer Issue -

Current Research will look at the history of dermatoglyphic research and its relationship to palmistry. The Hand and Relationships will study the hands of a specific couple from the view of what they want in a relationship and what they have to offer. Hand Analysis and Business will be about computers and hand analysis. The Book Review will continue with the second part of its critique of Wm. Benham's "Laws of Scientific Hand Analysis". And in the column for beginners, Language of the Hand, we will be focusing on the life line.

We invite you to join with us and participate in the emergence of hand analysis into the mainstream of public awareness. If you enjoy reading about hand analysis, if you would love to write articles about your own experience and study of hands and have them published in the HAJ, or if you just love the idea of the Journal and want to support us in producing it, you can subscribe in these ways:

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